



The right way to cough or sneeze



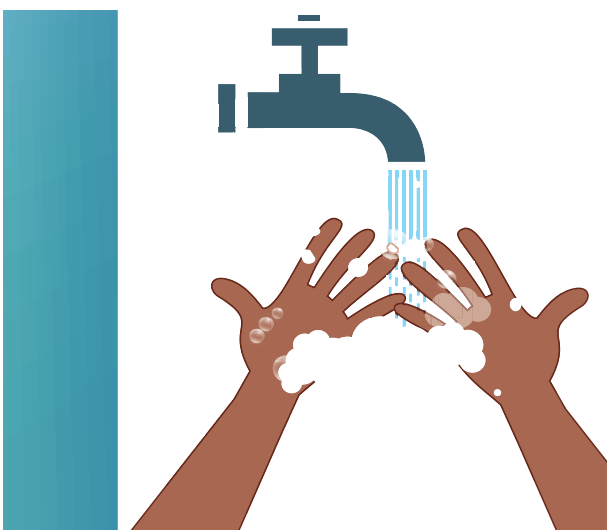
COVER YOUR MOUTH AND YOUR NOSE WITH THE TOP PART OF YOUR SLEEVE, LIKE MAKING A SEAL TO STOP CONTAMINATION



OR COVER YOURSELF WITH PAPER TOWEL



WHEN YOU USE THE PAPER TOWEL THROW IT IN THE TRASH BAG, DON'T DASH IT IN THE YARD



DON'T TOUCH YOUR FACE IF YOU DON'T WASH YOUR HANDS WITH WATER AND SOAP

All that we have to help to stop this virus, please we have to follow instructions that the government tells us to do, and everything is going to be alright.